

WOMEN! Are you ready to discover how the Divine Feminine is key to your aliveness?



- ? Are you ready to live full out?
- ? Do you want to simply feel good again?
- ? Do you long to feel alive in your own body?
- ? Do you feel a stirring inside telling you there is more?
- ? Do you want to bring ALL of who you are to every area of your life?

delighting in the DIVA

If you said YES to even one of these questions, *Delighting in the Diva* will serve as a "coming home place" to your heart's quest. Arouse your vitality and inspire deeper relationship with your Self by re-claiming and embodying the Divine Feminine.

COME! Serve your longing to be alive on an expansive and extraordinary level.

Here's the truth...the Divine Feminine is on the rise and it is calling you to your wholeness. It is time. Unleash your full self. Liberate your spirit. Learn how to be, walk, work, relate and talk based on your authentic expression.

Diva is the root of Divine. The term comes from an ancient word meaning "Goddess", which comes from a feminine form of a Latin word that means "Divine One".

You are divine. To delight in the Diva is to delight in the Divine. To delight in the Diva is to delight in your own divinity. In this playshop you will:

- Learn how the oppression of the Divine feminine has impacted your health
- Uncover qualities of the Divine feminine
- Discover how the expressions of the Divine feminine will increase your joy
- Be seen and honored in your Diva-ness
- Use movement to experience ecstatic life through your body
- Adorn yourself for a potent ceremony of the Goddesses
- Engage in sacred play (maybe even walk a little on the wild side)!

I personally invite you to join me in this powerful playshop for women. It's changed lives! I create a safe, solid container in service to you becoming who you are here to become. This is your time.

In Divine joy. –Kendra E Thornbury, MA

"I have done other workshops where I knew I was transforming. This one was sweeter. Sweet. Empowering. Powerful. Feminine! I feel as though there are not words enough to describe my gratitude for what I got from the experience YOU created. I was amazed and in awe! I already know I want more."
–A participant

For more playshop information, email kendra@spiritalive.net. To Learn more about SpiritAlive and Kendra, visit www.spiritalive.net

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